

## Proclamation

## By the Governor of Alabama

WHEREAS, Fetal Alcohol Spectrum Disorders (FASD) are the leading preventable causes of birth defects and developmental disabilities in newborns; and

WHEREAS, FASD is an umbrella term used to describe the lifelong physical, cognitive and behavioral effects that can occur due to alcohol use during pregnancy; and

WHEREAS, even minimal drinking during pregnancy can cause harm to developing brain cells and result in brain damage, facial deformities and growth abnormalities; and

WHEREAS, specific conditions include Fetal Alcohol Syndrome (FAS), partial FAS and Alcohol-Related Neurodevelopmental Disorder (ARND); and

WHEREAS, alcohol education, maternal health and FASD education can result in a reduction of FASD; and

WHEREAS, since 1999, September 9<sup>th</sup> has been observed as International FASD Awareness Day to encourage expectant mothers to abstain from alcohol during pregnancy;

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim September 9, 2023, as

## Fetal Alcohol Spectrum Disorder Awareness Day

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 7<sup>th</sup> day of September 2023.

Kay Ivey, Governor