

## Proclamation

## By the Governor of Alabama

WHEREAS, Narcolepsy is a chronic neurological disorder caused by the brain's inability to regulate sleep-wake cycles; and

WHEREAS, Narcolepsy affects an estimated one in every 2,000 Americans; and

WHEREAS, Narcolepsy is an under-recognized and under diagnosed condition; and

WHEREAS, the symptoms of narcolepsy, especially when undiagnosed, can lead to accidents, injuries, and problems with learning, and working; and

WHEREAS, Narcolepsy affects people neurologically, socially and emotionally; and

WHEREAS, Narcolepsy affects people of all ages, with onset typically between the ages of 15 and 25; and

WHEREAS, Narcolepsy Network is a national organization created to promote awareness of the disease and support for those who suffer from narcolepsy;

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim March 13, 2021, as

## Suddenly Sleepy Saturday

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 23<sup>rd</sup> day of February 2021.

Kay Ivey, Governor